

SAVE THE DATE

Introduction to Ayurveda – India's Traditional System of Healing

Talks by Experts

17 January to 28 February 2018, Helsinki

The Embassy of India in cooperation with the Finnish Indian Society is organizing a lecture series on Ayurveda on 17 January to 28 February in Helsinki. Experts will speak about following issues in interactive discussion.

Vastu, Nature and Ayurveda By Tarja Aalto/ Ayurvedic Choice

17 January 2018 at 1730-1930, hall 104

Ayurvedic Treatment by Mandip Kaur/ Surya Ayurveda Hyvinvointikeskus

24 January 2018 at 1730-1930, hall 505

Ayurveda and Stress Management by Pardaman Sharma/ Surya Ayurveda Hyvinvointikeskus and Anitta Korpela/ MarmaPoint

31 January 2018 at 1730-1930, hall 104

Chronic Diseases and Thyroid Problems by Ossi Viljakainen/ Suomen Ayurvedayhdistys ry and Lana Lavonen/ Lanaprana

7 February 2018 at 1730-1930, hall 505

Ageing Gracefully With Ayurveda by Bhawna Sharma/ Suomen Ayurvedayhdistys ry and Heidi Nyström/ Suomen Ayurveda Instituutti

11 February 2018 1730-1930, hall 505

Indian and European Herbs from Ayurvedic Point of View/

By Justine Cederberg/ Prasad and Terry Thomas/ Luontaishoitola Saraswati Oy

28 February 2018 at 1730-1930, hall 505

Venue: Tieteiden talo, Kirkkokatu 6, Helsinki

For registration please contact:

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